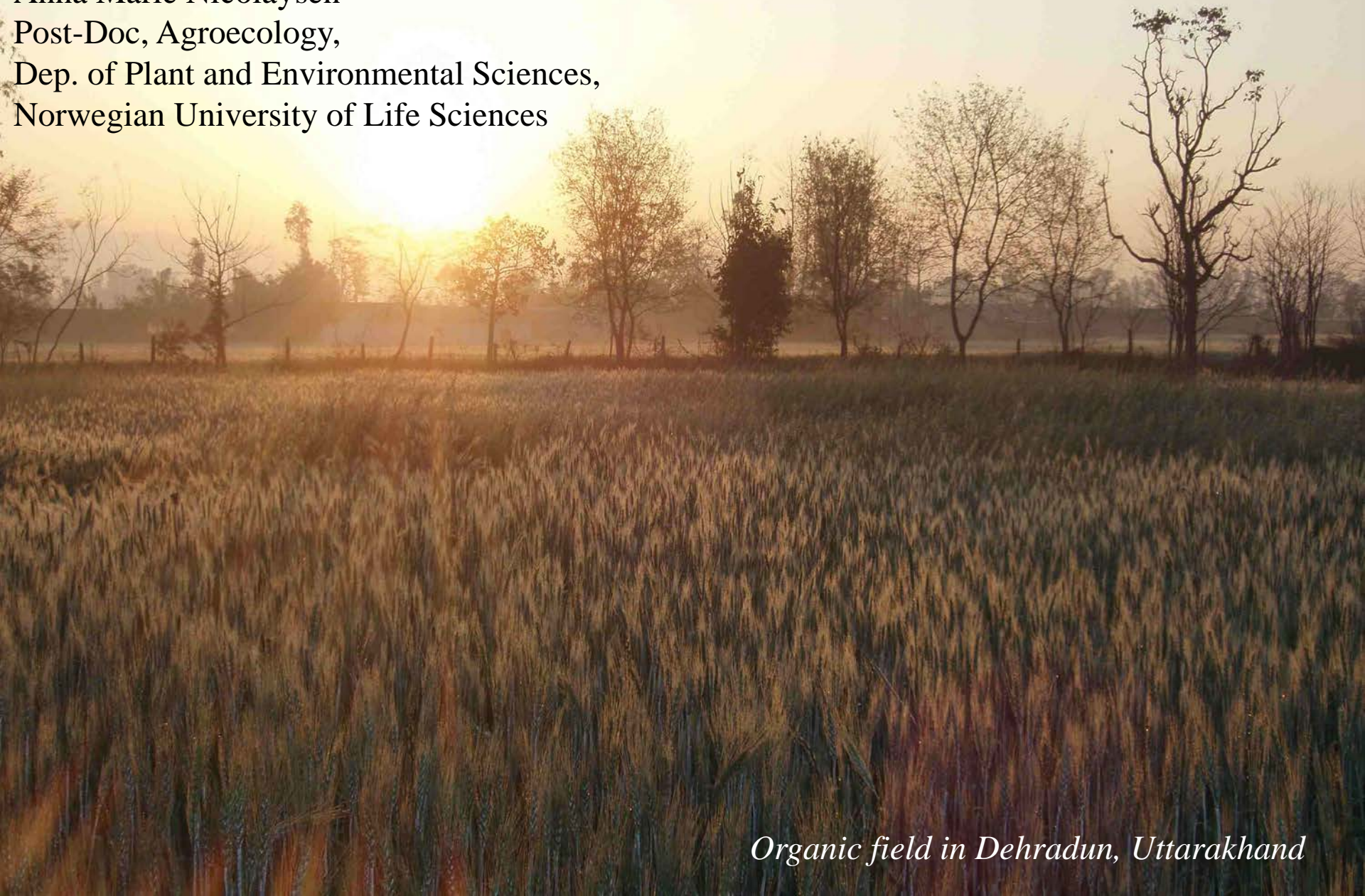


# Conversion to Organic Farming; Experiences from Punjab and Uttarakhand

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*Organic field in Dehradun, Uttarakhand*



A photograph of Vandana Shiva, founder of Navdanya, speaking at a conference. She is seated in a large, light-colored wicker chair, wearing a red and orange sari. She is gesturing with her right hand while speaking. In the foreground, the backs of several women's heads are visible, indicating an audience. In the background, two other women are seated on a mat, listening. The setting is outdoors with lush green foliage and a bright sky.

*Vandana Shiva, founder of Navdanya*

Northeast Organic Farming Association, (NOFA), Summer Conference 2004, Vandana Shiva:  
The way to feed the world in the future is with the help of millions of farmers  
and millions of microbes in a healthy soil.



## Key Research Questions



A field of tall, golden-brown grasses, likely a traditional crop or forage. A black sign is placed in the field, listing various types of grasses and their uses. The sign is titled 'BARA NADA' and lists the following:

BARA NADA	
Miser	Barambican
Mundri	Rodish
Sabhi Rai	Ahi
Melhi	Mustard
Teera	Rai
	Coat
	Barley

What are the socio-economic and political conditions that lead small farmers to accept an alternative model, and how and to what extent are they converting to it?

How does Navdanya, Kheti Virasat (the heritage of farming), and similar organizations work, how do they teach small farmers about organic agriculture and biodiversity conservation?





## Methods

N = 250 (F 79, M 171)

89 in-depth interviews

16 Focus group interviews

Participant observation  
during 12 months fieldwork  
in 8 districts in 4 states:

Punjab: Bathinda and Patiala

Uttarakhand: Dehradun and Uttarkashi

West Bengal: Medinipur and Darjeeling

Tamil Nadu: Nilgiris and Nagapattinam



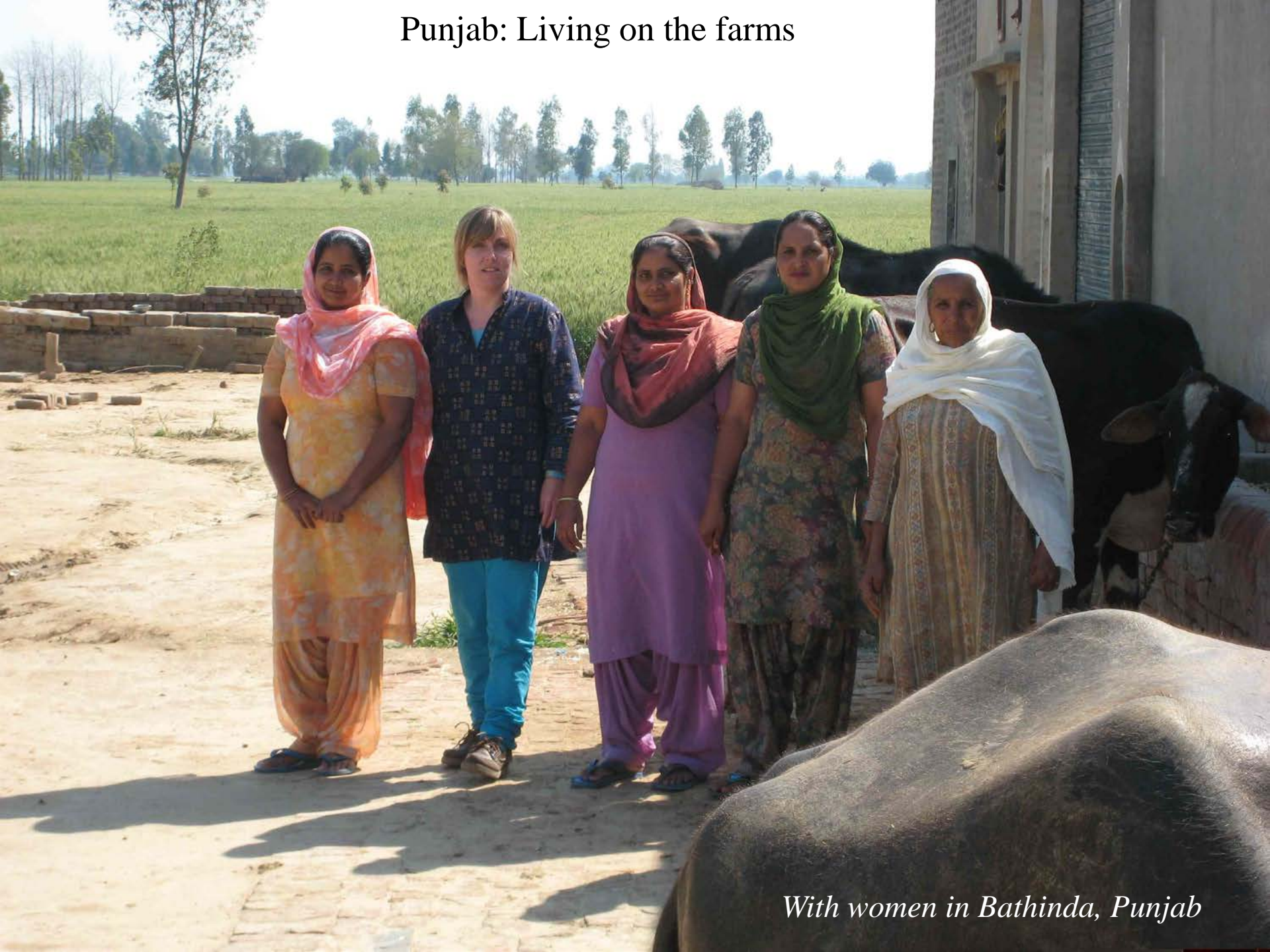
# Punjab: The Breadbasket of India



*Firewood and cow dung is used when chapattis are prepared*



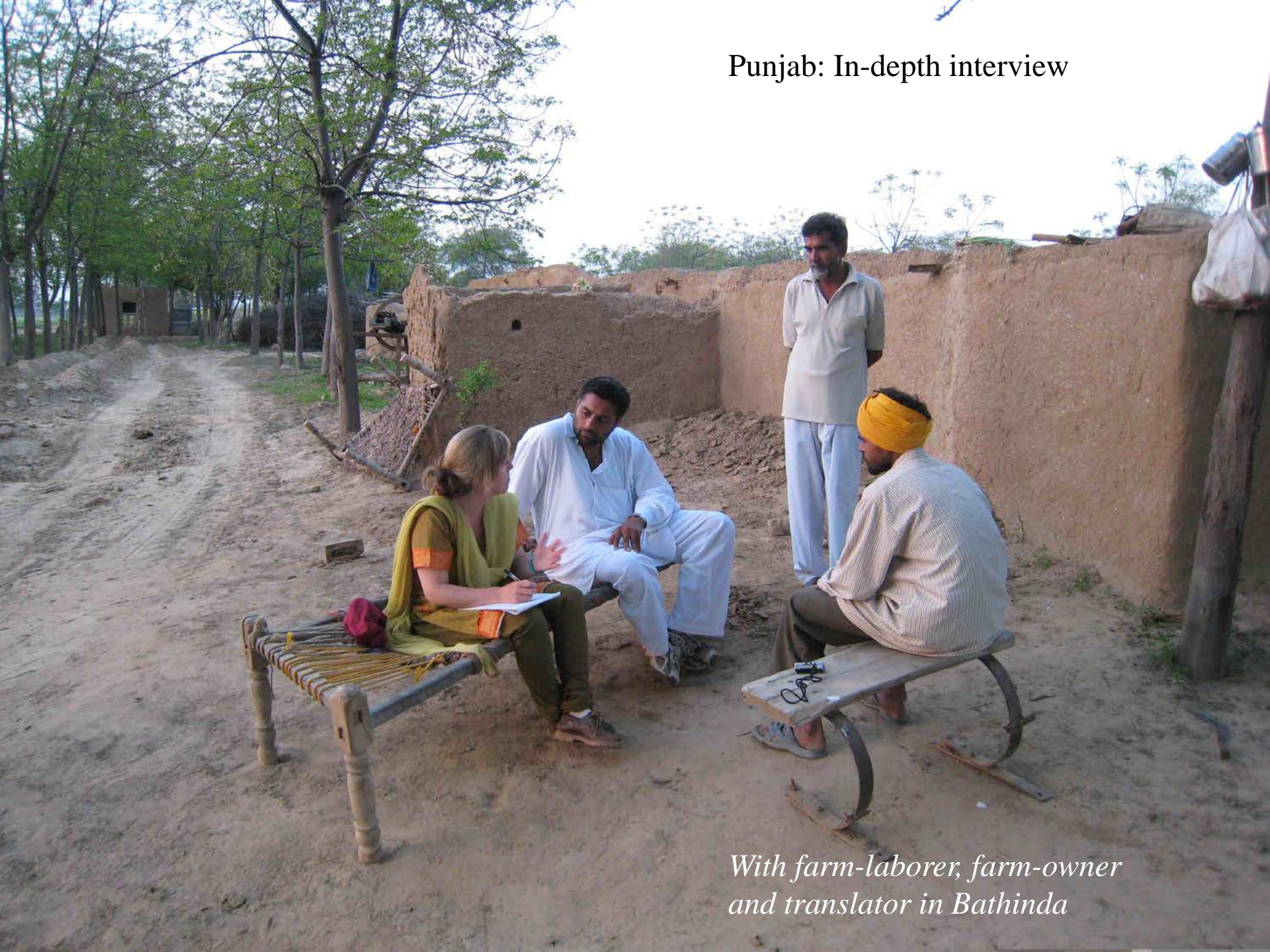
# Punjab: Living on the farms



*With women in Bathinda, Punjab*



## Punjab: In-depth interview



*With farm-laborer, farm-owner  
and translator in Bathinda*



*Focus group with conventional farmers in Sadharanpur, Punjab*







*The office of Kheti Virasat in Nabha, Punjab*



# ਸਿੰਜੈਂਟਾ ਫਸਲ ਸੁਰੱਖਿਆ ਯੋਜਨਾ - ਝੋਨਾ

ਸਮਾਂ	0-3 ਦਿਨ	25-30 ਦਿਨ	35-40 ਦਿਨ	45-50 ਦਿਨ	55-65 ਦਿਨ	70-75 ਦਿਨ
ਅਵਸਥਾ						
	ਝੋਨਾ ਲਗਾਉਣ ਦਾ ਸਮਾਂ	ਪੱਗਰਣ ਦੀ ਅਵਸਥਾ	ਪੱਤਾ ਬਣਨ ਦੀ ਅਵਸਥਾ	ਸਿੱਟਾ ਬਣਨ ਦੀ ਅਵਸਥਾ	ਸਿੱਟਾ ਨਿਕਲਣ ਦੀ ਅਵਸਥਾ	ਸਿੱਟੇ ਨਿਕਲਣ ਦੀ ਅਵਸਥਾ
ਉਤਪਾਦ						
ਮਾਤਰਾ	500 ਮਿ.ਲੀ. ਪ੍ਰਤੀ ਏਕੜ (ਝੋਨੇ ਦੇ ਨਦੀਨਾਂ ਲਈ)	200 ਮਿ.ਲੀ. ਪ੍ਰਤੀ ਏਕੜ (ਗੋਭ ਦੀ ਸੱਭੀ ਲਈ)	200 ਮਿ.ਲੀ. ਪ੍ਰਤੀ ਏਕੜ (ਸੀਬ ਬਲਾਪੀਟ ਲਈ)	200 ਮਿ.ਲੀ. ਪ੍ਰਤੀ ਏਕੜ (ਪੱਤਾ ਲਪੇਟ ਸੱਭੀ ਲਈ)	40 ਗ੍ਰਾਮ ਪ੍ਰਤੀ ਏਕੜ (ਤੋਲੇ (ਹਾਪਰ) ਲਈ)	200 ਮਿ.ਲੀ. ਪ੍ਰਤੀ ਏਕੜ (ਦਾਣੇ ਦੀ ਕੁਆਲਟੀ ਲਈ)

Producer's instructions for the use of pesticide at regular stages in the plant's life span





Continued a pattern of conventional farming methods (Green Revolution 1960s),

Salination, desertification, and very low water tables in an increasing number of blocks in several districts of the state.



*Polluted irrigation water canal*





*One of the founders of Kheti Virasat,  
with his son and grandson in their  
organic farm in Patiala  
in front of an insect trap*



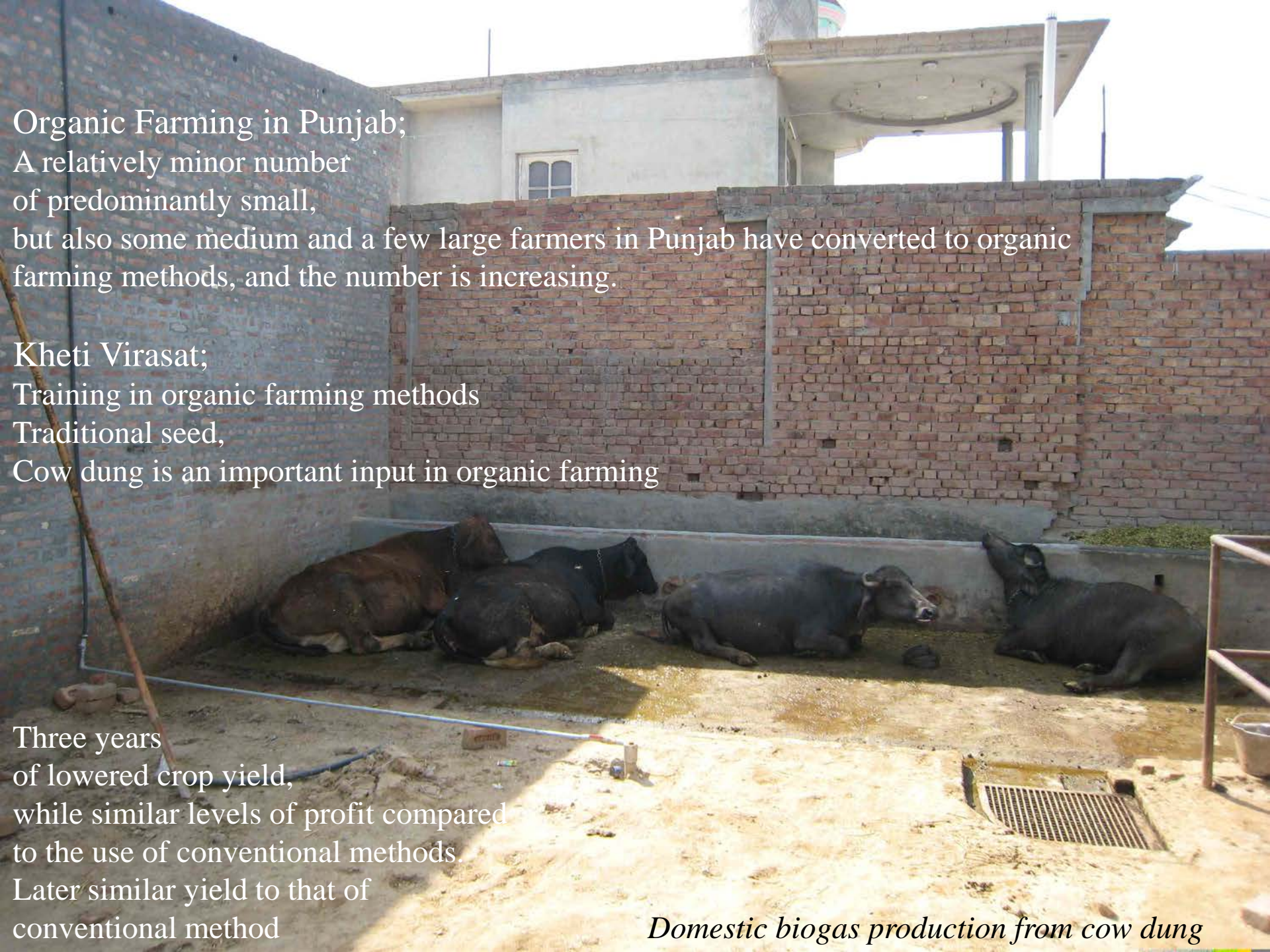


Organic Farming in Punjab;  
A relatively minor number  
of predominantly small,  
but also some medium and a few large farmers in Punjab have converted to organic  
farming methods, and the number is increasing.

Kheti Virasat;  
Training in organic farming methods  
Traditional seed,  
Cow dung is an important input in organic farming

Three years  
of lowered crop yield,  
while similar levels of profit compared  
to the use of conventional methods.  
Later similar yield to that of  
conventional method

*Domestic biogas production from cow dung*

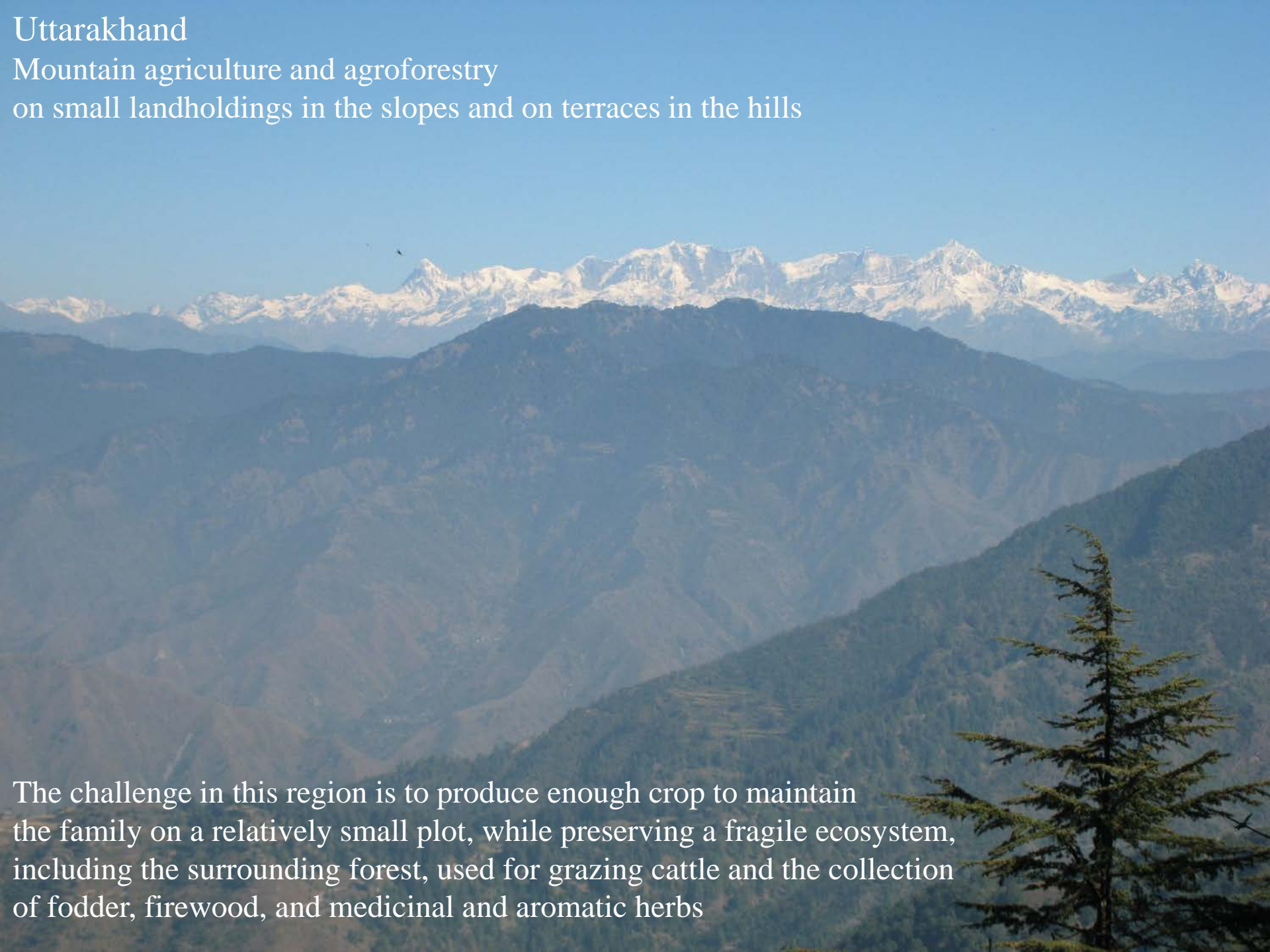




# Uttarakhand

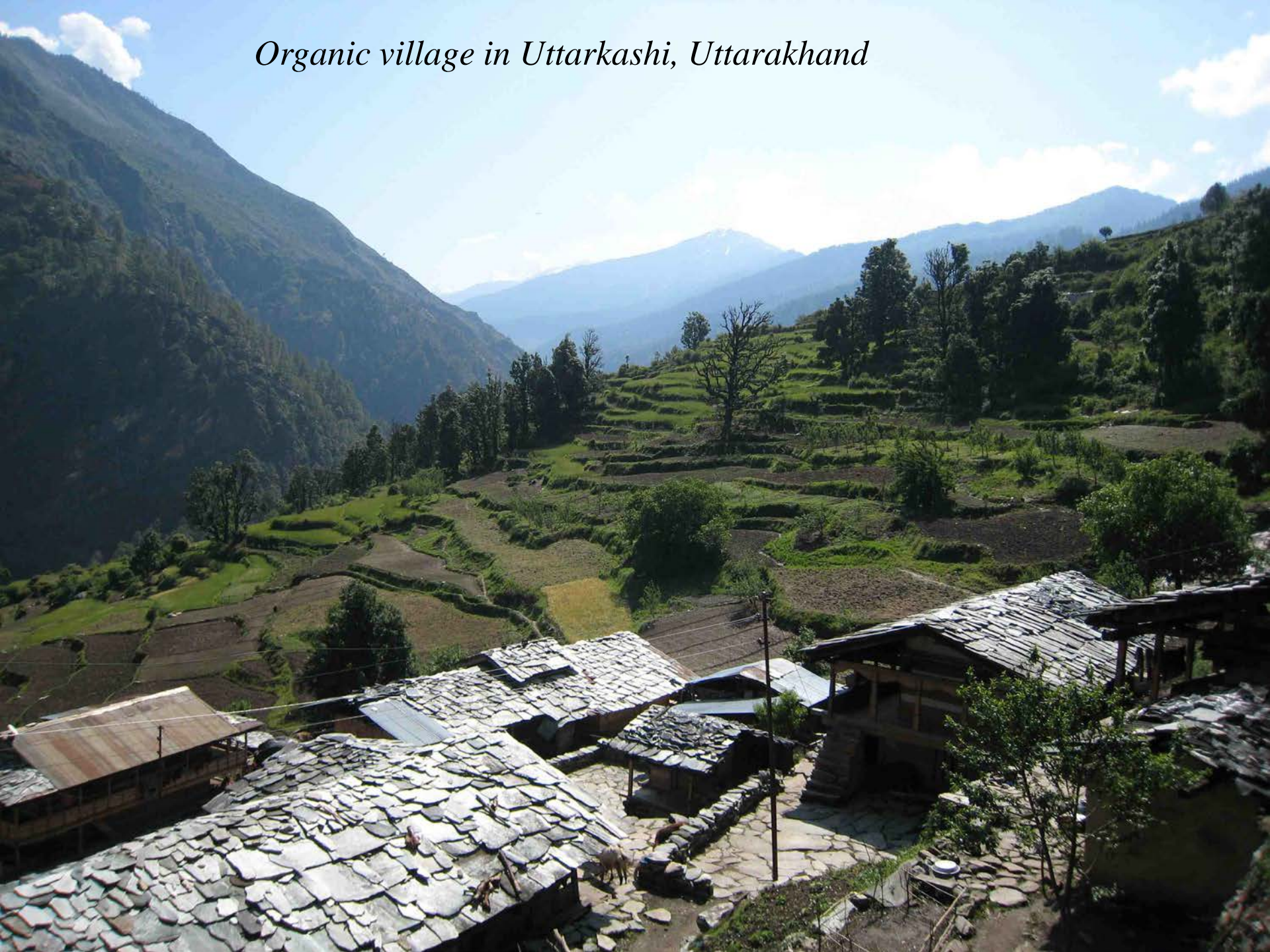
Mountain agriculture and agroforestry  
on small landholdings in the slopes and on terraces in the hills

The challenge in this region is to produce enough crop to maintain the family on a relatively small plot, while preserving a fragile ecosystem, including the surrounding forest, used for grazing cattle and the collection of fodder, firewood, and medicinal and aromatic herbs





*Organic village in Uttarkashi, Uttarakhand*





The mountain areas are less developed in terms of infrastructure and thousands of villages are still not connected to a road. Many do not have access to electricity or water.



*Women farmers collecting fodder for their cattle, Uttarkashi*





*Organic mountain farming of red rice  
on terraced fields in Purola, Uttarakhand*





*Organic vermi compost*



*Store selling agricultural inputs,  
Purola, Uttarakhand*



Hybrid seed, mineral fertilizers and chemical pesticides are sold and used in Uttarakhand.

The government has taken steps to encourage and support the teaching of organic farming.

Uttarakhand has a rich biodiversity both in wild plants and agricultural crops and there are ancient as well as new seed banks in use around the state.

Local farmers cultivate a number of traditional crops that are famous for their taste and quality; these include for example, red rice, basmati rice and a variety of beans, which are sold as niche produce in Delhi and Mumbai.



*Briefing of Navdanya's coordinators the evening before the annual Biodiversity Day*







*The seed bank at Bija Vidyapeeth, Navdanya's research farm, Dehradun, Uttarakhand*





Rekha, an 18-year old farmer, the youngest participant in my study.

She is standing in front of the family's seed bank.

These buildings are often heavily decorated and part of an ancient tradition.





*Seed bank, Purola, Uttarakhand*





*Women farmers in Dehradun, Uttarakhand*



## Key Findings



My research indicates that if a farmer converts to organic farming from an intensive conventional system, or tries to make a living on a small holding in difficult terrain, she or he can attain a good livelihood using sustainable methods.

More importantly, the organizations that assist the farmers in this transition are crucial, because they teach the farmers new methods and give practical and moral support during a time when they feel uncertain making such a large change in how they make their living.

The combination of being economically independent, if still poor, and having control over the inputs and production methods on their farm, is really empowering.





*Seed bank custodians, Uttarkashi*

In the political struggle for greater control over the traditional means of production, the farmers also fight a cultural struggle for traditional knowledge and indigenous beliefs.

Rejecting the notion that neoliberal globalization is the only possible framework for development, Navdanya seeks to construct an alternative, sustainable path, where the farmers convert to organic agriculture and maintain community seed banks to protect themselves from the regime of chemical, industrial agriculture and genetically modified seed.

Navdanya proclaims the farmers' right to biodiversity, and to not cooperate with imposed intellectual property rights (IPRs) systems that make seed saving and exchange a crime.



My findings are consistent with much research on agricultural systems and sustainability in recent years throughout the world; for example the extensive scientific literature that is the basis for the the International Assessment of Agricultural Knowledge, Science and Technology for Development (IAASTD 2009) reports and reports presented by the UN Human Rights Council (2010). In one sentence it could be phrased as:

Reinvestment in sustainable agriculture is vital to the realization of the right to food for all, rural economic development with economically independent farmers, healthy environments, adaption to climate change and biodiversity conservation.







Questions?